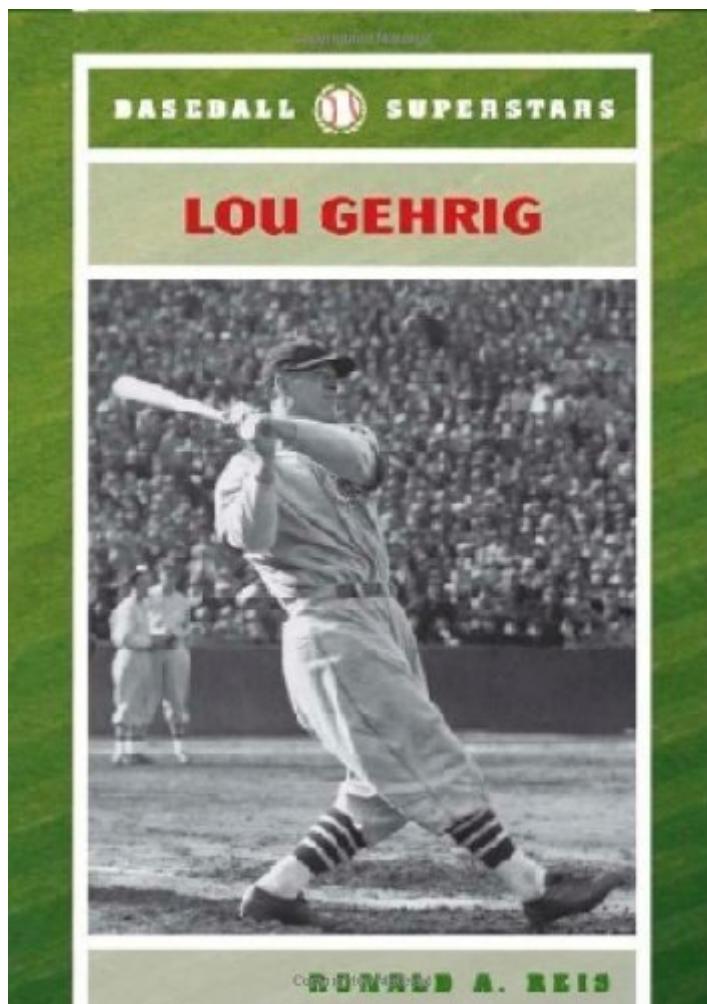


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# Lou Gehrig (Baseball Superstars)



## **Synopsis**

Like a powerful locomotive, Lou Gehrig slugged his way through 14 years as the pride of the Yankees. Never missing a game during his career, the six-time All-Star set the American League record with 184 RBI in 1931, hit a record 23 grand slams, won two Most Valuable Player awards, and won the 1934 Triple Crown. Refusing to see himself as a natural, Gehrig achieved greatness through an unwavering dedication to practice. Then suddenly, the Iron Man began to rust. The home runs ceased. The hits became misses. Gehrig had contracted amyotrophic lateral sclerosis, or ALS. Yet harnessing the strength he had displayed on the baseball diamond, Lou Gehrig struggled onward with dignity and purpose. Though the disease that now bears his name ultimately took Lou Gehrig's life, it did not extinguish his spirit or his incredible legacy. "Lou Gherig" is an engrossing new biography that celebrates a man who was not only a baseball great but also a true American hero.

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This great book of Lou Gehrig's life is amazing . It's emotional +sad + happy- bad book . So that's why you should read this great book

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